



# *A Bump or a Bleed... And Where it Can Lead... Understanding Concussion*

**What Teachers, Parents, Coaches,  
Trainers, and Other Community Members  
need to know about concussion and  
its effects on learning and life**

On **National Concussion Awareness Day** come and learn about what concussion really is, how to identify it, how to treat it, and how to manage it for better outcomes after injury. Learn first-hand how to help youth and adults return to daily living, learning, play and work after injury based on the CDC's most recent guidelines.

*Hosted by: Empowerment Research, Governor's Council on Spinal and Head Injuries, Tucson Masonic Lodge #4. **FREE to attend and dinner will be provided to all participants.***

Funded by the CDC and the AZ Dept. of Health Services CFDA #93.136 - 6 NU17CE924850-01-01

**Friday, September 20th, 2019 5:30pm - 8:30pm**

**Tucson Masonic Lodge #4 - 3590 N. Country Club Dr, Tucson**

*Instructor of Record:*

**Susan M. Wolf, PhD**

*Educational Psychologist, Executive Director*



**Pre-register by 9/16/19:**

[www.empowermentresearch.com](http://www.empowermentresearch.com)

**Go under the register tab at the top of the site. Once on the page go under TBI 100 to register for this training!**