

Veterans and Military Benefits and Resources



www.ChristopherReeve.org/MVP

Christopher & Dana Reeve Foundation's Military and Veteran Program

Phone: 866-962-8387 (Toll-free)

Email: Military@ChristopherReeve.org

Government Resources

<http://www.va.gov/>

U.S. Department of Veterans Affairs (VA)

810 Vermont Avenue, NW

Washington, D.C. 20420

<http://www.myhealth.va.gov/>

VA: My Health Vet

<http://www.vetcenter.va.gov/>

www.va.gov/directory/guide/vetcenter.asp

VA: Vet Center Locations

There are over 300 Vet Center locations that provide mental health counseling to veterans. Counseling service areas provided include PTSD, readjustment, bereavement, alcohol and drug assessment and referral, marital and family counseling, couples counseling, military sexual trauma, and LGBT. Counseling is provided in individual and group settings.

<http://benefits.va.gov/benefits/>

VA: Veterans Benefits

Phone: 800-827-1000 (Toll-free)

<http://www.benefits.va.gov/BENEFITS/factsheets.asp>

VA: Benefits Fact Sheets (English, Tagalog)

These fact sheets provide basic information on VA benefit programs related to service-connected disabilities, veterans with limited income, education and training, home loans, dependents and survivors' benefits, burial and memorial benefits, and insurance. Most fact sheets are only available in English, but two related to Filipino veterans are also available in Tagalog.

<http://www.polytrauma.va.gov>

VA: Polytrauma/TBI System of Care

Polytrauma care is for Veterans and returning Service members with injuries to more than one physical region or organ system, one of which may be life threatening, and which results in physical, cognitive, psychological, or psychosocial impairments and functional disability.

<http://www.polytrauma.va.gov/faq.asp?FAQ>

VA: Polytrauma/TBI System of Care – FAQs

http://www.polytrauma.va.gov/facility_locations.asp?isFlash=1

VA: Polytrauma/TBI System of Care – Facility Locations

https://www.va.gov/opa/publications/factsheets/fs_spinal_cord_injury.pdf

VA: VA and Spinal Cord Injury Fact Sheet

This January 2009 fact sheet covers issues related to veterans with SCI including disability compensation, health care, research and treatment, recreational events, and continuing education. VA regional SCI centers are listed.

<https://www.va.gov/directory/guide/home.asp>

VA: VA Facilities Locator

This site allows people to search for 1,917 VA facilities in the U.S., Puerto Rico, Philippines, American Samoa, Guam, and the Virgin Islands.

<http://www.oefoif.va.gov/>

VA: Returning Service Members (OEF/OIF)

This site offers information on health, education, housing, employment and other benefits for veterans who served in Operations Enduring Freedom and Iraqi Freedom (OEF/OIF).

<http://www.oefoif.va.gov/fedrecovery.asp>

VA: Federal Recovery Coordination Teams

This page has information on the Federal Recovery Coordination Program (FRCP), which provides support for the recovery, rehabilitation and reintegration of severely injured, ill or wounded service members and Veterans.

<http://www.gibill.va.gov/>

VA: GI Bill

This site provides information on all educational benefits offered by the VA.

<https://www.va.gov/education/about-gi-bill-benefits/post-9-11/>

VA: Post-9/11 GI Bill

The Post-9/11 GI Bill provides financial support for education and housing to individuals with at least 90 days of aggregate service on or after September 11, 2001, or individuals discharged with a service-connected disability after 30 days.

<https://www.va.gov/HOMELESS/NationalCallCenter.asp>

VA: National Call Center for Homeless Veterans

Phone: 877-424-3838 (Toll-free)

The National Call Center for Homeless Veterans hotline provides homeless Veterans and Veterans at-risk for homelessness with free, 24/7 access to trained counselors. The hotline is intended to assist homeless Veterans and their families, VA Medical Centers, federal, state and local partners, community agencies, service providers and others in the community.

<http://www.benefits.va.gov/vocrehab/vsoc.asp>

VA: Vet Success on Campus

The VetSuccess on Campus (VSOC) program aims to help Veterans, Servicemembers, and their qualified dependents succeed and thrive through a coordinated delivery of on-campus benefits assistance and counseling, leading to completion of their education and preparing them to enter the labor market in viable careers.

www.benefits.va.gov/vocrehab

VA: Vocational Rehabilitation & Employment (VR&E)

https://www.va.gov/vhapublications/ViewPublication.asp?pub_ID=5621

Veterans Health Administration: Driver Rehabilitation for Veterans with Disabilities Program

This January 2010 handbook, which can be downloaded as a PDF, provides information on the Department of Veterans Affairs' (VA) comprehensive driver rehabilitation program for veterans with disabilities.

<http://www.blogs.va.gov>

VA: Vantage Point

Blog from VA staff

<https://www.afterdeployment.org/>

After Deployment

This site offers behavioral health resources to help service members, their families, and veterans with common post-deployment challenges such as post-traumatic stress and depression. It includes a peer to peer online forum, online library books and blogs.

<http://www.militaryonesource.mil/>

Military One Source

Military One Source is a free 24/7/365 service provided by the Department of Defense for active-duty, Guard, and Reserve service members and their families to help with education, relocation, parenting, stress and other needs. Veterans who have retired within the past 180 days can also use the service.

- Stateside: CONUS: 800-342-9647 (Toll-free)
- Overseas: *OCONUS Universal Free Phone: 800-342-9647 (Toll-free)
- Collect from Overseas: OCONUS Collect: 703-253-7599
- En español llame al: 877-888-0727 (Toll-free)
- TTY/TDD: 1-866-607-6794 (Toll-free)

*Use applicable access code before dialing toll-free number.

<http://www.archives.gov/st-louis/military-personnel>

National Archives at St. Louis: Military Personnel Records

Phone: 314-801-0800

E-mail: MPR.center@nara.gov

The National Personnel Records Center, Military Personnel Records (NPRC-MPR) is the repository of millions of military personnel, health, and medical records of discharged and deceased veterans of all services during the 20th century (except pre-WWI records).

<https://www.nationalresourcedirectory.gov/>

National Resource Directory

This website connects wounded warriors, service members, veterans, and their families with those who support them. It provides access to services and resources at the national,

state and local levels to support recovery, rehabilitation and community reintegration. Visitors can find information on a variety of topics including benefits & compensation, education & training, employment, family & caregiver support, health, homeless assistance, housing, transportation & travel, volunteer opportunities and other services & resources.

<http://www.veteranscrisisline.net/>

Veterans Crisis Line

Phone: 800-273-8255, press '1' (Toll-free)

The Veterans Crisis Line connects Veterans in crisis and their families and friends with qualified, caring VA responders through a confidential toll-free hotline, online chat, or text. Confidential support is available 24 hours a day, 7 days a week, 365 days a year.

<http://www.adrc-tae.acl.gov/tiki-index.php?page=VDHCBS>

Veteran Directed Home and Community Based Services Program (VDHCBS)

In 2008, the [U.S. Administration for Community Living](#) began a collaboration with the [Veterans Health Administration \(VHA\)](#) to provide an opportunity for SUAs and AAAs to serve Veterans of all ages at risk of nursing home placement through the Veteran Directed Home and Community Based Service Program (VD-HCBS). VD-HCBS is a package of services that the VA purchases from AAAs and/or SUAs on behalf of eligible Veterans. The VD-HCBS program provides Veterans the opportunity to self-direct their long-term supports and services that enable them to avoid institutionalization and continue to live independently at home. Veterans enrolled in VD-HCBS have the opportunity to manage their own flexible budgets, to decide for themselves what mix of goods and services best meet their needs, and to hire and supervise their own workers. The Aging Network provides facilitated assessment and care/service planning, arranges fiscal management services, and provides ongoing options counseling and support to Veterans.

<https://tricare.mil/>

TRICARE

TRICARE is the health care program serving Uniformed Service members, retirees and their families worldwide, offering comprehensive, affordable health coverage with several health plan options, a robust pharmacy benefit, dental options, special programs and demonstrations.

<http://www.tricare.mil/dental>

TRICARE Dental Program

Phone: 1-855-638-8371 (CONUS), 1-855-638-8372 (OCONUS)

<http://cap.mil/>

Computer/Electronic Accommodations Program

9800 Mark Center Dr., Suite 05E22

Alexandria, VA 22350

Phone: 703-614-8416

E-mail: cap@mail.mil

CAP provides accommodations for people with disabilities and wounded service members, increasing federal employment and retention of employees with disabilities. The program is dedicated to ensuring resources and assistive devices are available to assist service members in their rehabilitation process and employment search. Accommodations are available for service members with injuries that have caused dexterity impairments, vision loss, hearing loss, cognitive injuries, including traumatic brain injuries (TBI).

<http://www.airforce.com/>

U.S. Air Force

<http://www.woundedwarrior.af.mil/>

Air Force Wounded Warrior (AFW2)

Phone: 800-581-9437 (Toll-free)

E-mail: afwounded.warrior@randolph.af.mil

The AFW2 program works hand-in-hand with the Air Force Survivor Assistance Program and [Airman & Family Readiness Centers](#) to ensure Airmen receive professional support and care from the point of injury, through separation or retirement, for life.

<http://www.army.mil>

U.S. Army

[https://myarmybenefits.us.army.mil/Benefit-Library/Federal-Benefits/Army-Wounded-Warrior-Program-\(AW2\)](https://myarmybenefits.us.army.mil/Benefit-Library/Federal-Benefits/Army-Wounded-Warrior-Program-(AW2))

Army Wounded Warrior Program

Phone: 877-393-9058 (Toll-free)

Overseas DSN: 312-221-9113

Email: usarmy.pentagon.medcon-WTC.mbx.contact-center@mail.mil

The official U.S. Army program that assists and advocates for severely wounded, ill, and injured soldiers, veterans, and their families, wherever they are located, regardless of military status.

Wounded Soldier and Family Hotline

Phone: 800-984-8523 (Toll-free)

Overseas DSN: 312-421-3700

Email: wsfsupport@us.army.mil

<https://www.woundedwarrior.af.mil/About/Fact-Sheets/Display/Article/1570825/special-compensation-for-assistance-with-activities-of-daily-living/>

Special Compensation for Assistance with Activities of Daily Living (SCAADL)

was authorized by the Fiscal Year 2010 National Defense Authorization Act. This special monthly compensation is for service members who incur a permanent catastrophic injury or illness. SCAADL helps offset the loss of income by a primary

caregiver who provides non-medical care, support and assistance for the service member thus keeping the service member out of institutional care.

<http://www.uscg.mil>

U.S. Coast Guard

<http://www.safeharborfoundation.org/>

Navy Safe Harbor

Phone: 855-628-9997

Email: navywoundedwarrior@navy.mil

Navy Safe Harbor is the Navy's organization for coordinating the non-medical care of seriously wounded, ill, and injured Sailors, Coast Guardsmen, and their families. The program provides a lifetime of individually tailored assistance designed to optimize the success of shipmates' recovery, rehabilitation, and reintegration activities.

<http://www.marines.mil>

U.S. Marine Corps

<http://www.usmc-mccs.org/services/career/marine-for-life-network/>

Marine for Life Network

Phone: 866-645-8762

Marine for Life Network connects transitioning Marines and their family members to education resources, employment opportunities, and other veterans services that aid in their career and life goals outside of military service.

<https://www.woundedwarrior.marines.mil/>

Marine Wounded Warrior Regiment

Phone: 877-487-6299 (Toll-free)

The Wounded Warrior Regiment provides and facilitates assistance to wounded, ill, and injured Marines, sailors, attached to or in support of Marines units, and their family members, throughout the phases of recovery.

<http://www.navy.mil>

U.S. Navy

<http://www.safeharborfoundation.org/>

Navy Safe Harbor

Phone: 855-628-9997

Email: navywoundedwarrior@navy.mil

Navy Safe Harbor is the Navy's organization for coordinating the non-medical care of seriously wounded, ill, and injured Sailors, Coast Guardsmen, and their families. The program provides a lifetime of individually tailored assistance designed to optimize the success of shipmates' recovery, rehabilitation, and reintegration activities.

<https://www.socom.mil/>

U.S. Special Operations Command

<http://www.socom.mil/Care%20Coalition/Default.aspx>

US Special Operations Command's Care Coalition

Phone: 877-672-3039 (Toll-free)

The USSOCOM Care Coalition's mission is to provide Special Operations warriors and their families a model advocacy program in order to enhance their quality of life and increase special operations readiness.

Other Organizations

<http://www.afas.org/>

Air Force Aid Society

Headquarters Air Force Aid Society

241 18th Street, Suite 202

Arlington, VA 22202

Phone: 703-972-2650

The official charity of the United States Air Force, incorporated in 1942 as a private, non-profit organization. The Society supports the Air Force mission by providing worldwide emergency assistance, sponsoring education assistance programs and offering an array of base community enhancement programs that improve quality of life for Airmen and their families.

<http://www.axpow.org>

American Ex-Prisoners of War

3201 East Pioneer Parkway #40

Arlington, TX 76010-5396

Phone: 817-649-2979

E-mail: hq@axpow.org

AXPOW is a membership organization open to all former prisoners of war (POWs), military and civilian, are eligible along with their family members, e.g. spouse, children, parents, siblings and grandchildren over the age 18. The organization assists former POWs (members or not) in applying for special veterans benefits.

<http://www.legion.org>

The American Legion

National Headquarters:

700 N. Pennsylvania St.

Indianapolis, IN 46206

Phone: 317-630-1200

Toll-free: 800-433-3318

The nation's largest veterans service organization, committed to mentoring youth and sponsorship of wholesome programs in our communities, advocating patriotism and honor, promoting strong national security, and continued devotion to fellow service members and veterans.

<http://www.americanveteranscenter.org>

American Veterans Center

1100 North Glebe Road, Suite 910

Arlington, VA 22201

Phone: 703-302-1012

Email: info@americanveteranscenter.org

The American Veterans Center's mission is to preserve and promote the stories, experiences, and lessons of American military men and women of every generation, from WWII to the present. The organization sponsors the annual National Memorial Day Parade in Washington, D.C.

<http://www.amvets.org>

AMVETS

4647 Forbes Boulevard

Lanham, MD 20706

Phone: 877-726-8387 (Toll-free)

E-mail: amvets@amvets.org

AMVETS is a veterans service and advocacy organization. Services include free claims assistance to veterans, their dependents and survivors as well as other charitable activities. The organization publishes the magazine *American Veteran*. Membership is open to anyone who is currently serving, or has honorably served, in the U.S. Armed Forces from World War II to present, including those in the National Guard and Reserves. Membership benefits include discounts on services like car rentals and insurance.

<http://amvets.org/vet-heal>

AMVETS HEAL program

AMVETS hired a team of clinical experts with experience in eliminating barriers to access in healthcare for veterans nationwide. There is no cost for the service member or veteran to use this service. HEAL, which stands for healthcare, evaluation, advocacy, legislation, encompasses all necessary steps the team will take to intervene directly on behalf of veterans, service members, families, and caregivers to reduce veteran suicide, unemployment, homelessness, and hopelessness as it relates to mental and physical wellness, particularly for those who are affiliated with AMVETS and utilize Polytrauma/Traumatic Brain Injury (TBI) centers and mental health services within the Veterans Health Administration (VHA) and community healthcare facilities.

<http://www.afhsc.mil/home>

Armed Forces Health Surveillance Center (AFHSC)

503 Robert Grant Ave.
Silver Spring, MD 20410
Phone: 301-319-3240 (DSN: 285)
E-mail: dha.ncr.health-surv.mbx.afhs-webmaster@mail.mil
AFHSC performs comprehensive medical surveillance and reporting of rates of diseases and injuries among Department of Defense service members.

<http://www.asymca.org/>

Armed Services YMCA

National Headquarters
14040 Central Loop, Suite B
Woodbridge, VA 22193
Toll-free: 800-597-1260

The Armed Services YMCA provides programs for military families at branches and affiliates throughout the United States and Puerto Rico.

<http://bobwoodrufffoundation.org/>

Bob Woodruff Foundation

1350 Broadway, Suite 905
New York, NY 10018
Phone: 646-341-6564

The Bob Woodruff Foundation provides resources and support to injured service members, veterans and their families and programs that serve them. Special emphasis is placed on the "hidden signature injuries" of the wars in Iraq and Afghanistan – traumatic brain injury (TBI) and combat stress injuries including post-traumatic stress disorder (PTSD).

<http://booksforsoldiers.com/>

Books for Soldiers

E-mail: info@booksforsoldiers.com

Books for Soldiers facilitates care packages of books, DVDs, CDs, games and relief supplies to military service members deployed overseas.

<http://www.cwv.org>

Catholic War Veterans of the United States of America

237-20 92nd Rd.
Bellerose, NY 11426
Phone: 703-549-3622

The CWV provides charitable programs and services within communities and is focused on promoting the social welfare of all military veterans and their families without discrimination. Membership is made up of military veterans who individually adhere to the Catholic faith. The organization has 18 state chapters.

<http://veteransinfosite.com/veterans-information/page/coalition-for-iraq-and-afghanistan-veterans-ciav/256/>

Coalition for Iraq and Afghanistan Veterans (CIAV)

CIAV is a national non-partisan partnership of organizations committed to working with and on behalf of all military, veterans, families, survivors and providers to strengthen the existing system of care and support for all those affected by the wars in Iraq and Afghanistan.

<http://www.dvcipm.org/>

Defense & Veterans Center for Integrative Pain Management (DVCIPM)

11300 Rockville Pike, Suite 709

Rockville, MD 20852

Phone: 301-816-4723

DVCIPM seeks to improve the management of pain in military and civilian medicine. It is a collaborative research partnership among Walter Reed National Military Medical Center, Bethesda, MD; the Philadelphia VA Medical Center and Philadelphia Research and Education Foundation, Philadelphia; and the Conemaugh Health System, Johnstown, PA.

<http://www.dav.org>

Disabled American Veterans (DAV)

3725 Alexandria Pike

Cold Spring, KY 41076

Phone: 877-426-2838 (Toll-free)

DAV is a nonprofit organization dedicated to building better lives for America's disabled veterans and their families. Free services include benefits assistance, information seminars, counseling and community outreach.

<http://www.easterseals.com>

Easter Seals

141 W. Jackson Blvd., Suite 1400A

Chicago, IL 60604

Phone: 800-221-6827 (Toll-free)

Easter Seals provides services, education, outreach, and advocacy for people living with autism and other disabilities.

<http://www.easterseals.com/our-programs/military-veterans/>

Easter Seals: Military and Veterans Initiative

This page provides information on resources for service members and veterans with disabilities, including caregiver training. <http://www.easterseals.com>

<http://www.easterseals.com/our-programs/military-veterans/community-onesource.html>

Easter Seals: Community OneSource

Phone: 866-423-4981

Email: veterans@easterseals.com

Easter Seals affiliates have a variety of assistance programs for service members and veterans including employment services, adult day care, child care, camping, assistive technology assessments and training, respite for caregivers, and initiatives

to connect veterans and their families to other services meeting their medical, social, emotional and financial needs.

<http://www.fallenpatriotfund.org/>

Fallen Patriot Fund

c/o Bank of America Private Bank

TX1-492-19-09

P.O. Box 832409

Dallas, TX 75283-2409

Phone: 214-748-3900

E-mail: info@fallenpatriotfund.org

The Fallen Patriot Fund of The Mark Cuban Foundation was established to help families of U.S. military personnel who were killed or seriously injured during Operation Iraqi Freedom.

<http://www.giveanhour.org>

Give an Hour

Barbara Van Dahlen, Ph.D

Founder and President

c/o Give an Hour

P.O. Box 5918

Bethesda, MD 20824-5918

E-mail: info@giveanhour.org

A non-profit organization that gives free mental health care to US military personnel who served or are serving in Iraq and Afghanistan as well as their families.

<http://www.istl.org/07-fall/internet2.html>

A Guide to Resources for Severely Wounded Operation Iraqi Freedom (OIF) and Operation Enduring Freedom (OEF) Veterans

This Fall 2007 article identifies helpful resources for healthcare professionals, veterans, and their families to help with issues such as post-traumatic stress disorder (PTSD), traumatic brain injury (TBI), amputation, spinal cord injuries, burns, and blindness and eye injuries.

<http://www.gulfweb.org>

Gulf War Veteran Resource Pages

This site has information and resources for Gulf War veterans, including discussion forums.

<http://www.hhv.org/>

Help Heal Veterans, Inc. (formerly known as Help Hospitalized Veterans)

36585 Penfield Lane

Winchester, CA 92596

Phone: 951-926-4500

Email: info@hhv.org

Help Heal Veterans' primary mission is to provide veterans with therapeutic craft kits while at Department of Veterans Affairs (VA) medical centers, military hospitals and state veterans homes or in their own homes.

<http://iava.org/>

Iraq and Afghanistan Veterans of America (IAVA)

85 Broad St., 16th Floor

New York, NY 10004

Phone: 212-982-9699

IAVA, the country's first and largest nonprofit, nonpartisan organization for veterans of the wars in Iraq and Afghanistan, works on advocacy, awareness, and assistance.

Programs include Smart Job Fairs, a GI Bill calculator and a veterans only social network.

<http://www.jwv.org>

Jewish War Veterans of the U.S.A.

1811 R Street NW

Washington, DC 20009

Phone: 202-265-6280

Email: jwv@jwv.org

The JWV is a membership organization which works on behalf of veterans and their families. Part of the organization's mission is to foster the education of ex-servicemen and ex-servicewomen.

<http://www.kwva.org/>

Korean War Veterans Association

P.O. Box 407

Charleston, IL 61920-0407

E-mail: info@kwva.org

The KWVA/USA states that their mission is to "defend our nation, care for our veterans, perpetuate our legacy, remember our missing and fallen, maintain our Memorial, and support a free Korea."

<http://www.nlm.nih.gov/medlineplus/veteransandmilitaryhealth.html>

MedlinePlus: Military and Veterans Health

This page provides information on physical and mental health problems often faced by veterans, tutorials on specific conditions, as well as links to other resources.

<http://www.military.com/>

Military.com

This site has information and resources for members of all service branches, their families, and veterans.

<http://www.military.com/benefits/military-pay/special-pay/combat-related-special-compensation.html>

Military.com: Combat Related Special Compensation

This page has information on eligibility and the application process for combat-related special compensation, a monthly entitlement that allows eligible military retirees to recover some or all of their retired pay that was offset by their Department of Veterans Affairs (VA) disability compensation.

<http://www.military.com/benefits/military-pay/special-pay/combat-related-special-compensation-crsc-faqs.html?comp=7000023431425&rank=2>

Military.com: Combat Related Special Compensation - Frequently Asked Questions

This page has answers to frequently asked questions about combat-related special compensation.

<http://www.emilitary.org/>

The Military Family Network

This site provides information on programs, services, and resources for members of the military community, including service members, veterans, and their families.

<http://www.emilitary.org/usvet.php>

The Military Family Network: Veterans

This page has information on resources for veterans as well as forums and chat features.

<http://www.militaryhandbooks.com/>

Military Handbooks

Kansas City, MO 64153

E-mail: info@militaryhandbooks.com

Military Handbooks gives active and retired military personnel free handbooks with information on pay, benefits, retirement planning, education benefits, career decisions, and much more.

<http://www.purpleheart.org/>

Military Order of the Purple Heart

5413-A, B & C Backlick Rd.

Springfield, VA 22151-3960

Phone: 703-354-2140

E-mail: memberships@purpleheart.org

The mission of the Military Order of the Purple Heart is to foster an environment of goodwill and camaraderie among combat wounded veterans, promote patriotism, support necessary legislative initiatives, and to provide service to all veterans and their families.

<https://www.militaryveteranproject.org/>

Military Veteran Project

3615 SW 29th Street Suite 201

Topeka KS 66614

Phone: 785-409-1310

Email: contact@militaryveteranproject.org

MVP is a non-profit organization that assists military members and their families. Founded by Melissa Jarboe.

<http://www.missioncontinues.org>

The Mission Continues

1141 South 7th Street

St. Louis, MO 63104

Phone: 314-588-8805

Email: info@missioncontinues.org

The Mission Continues awards community service fellowships to post-9/11 veterans, empowering them to transform their own lives by serving others and directly impact their communities. Mission Continues Fellows serve for six months at a local nonprofit organization addressing key educational, environmental or social issues.

<http://www.naavets.org>

National Association of American Veterans (NAAV)

1725 I Street, NW. Ste 300, 3rd floor

Washington, DC 20006

Phone: 202-465-3296

Email: info@naavets.org

The NAAV is a provider of health care information, emergency assistance and advocacy, counseling, housing coordination, and educational programs for all service members, with an emphasis on the severely wounded and single parent service members, military caregivers, veterans, and their families at risk of not returning to normalcy after serving in a war, and residing in underserved areas nationwide.

<http://www.militaryfamily.org/>

National Military Family Association

3601 Eisenhower Ave., Suite 425

Alexandria, VA 22304

Phone: 703-931-6632

Email: info@militaryfamily.org

This site has information on deployment, disaster preparedness, mental health care, spouse education, supporting children and families. There are also links to articles and resources organized by relation to service member (i.e. spouses, children, survivors, etc.).

<http://www.nmcrrs.org/>

Navy-Marine Corps Relief Society

875 N. Randolph St., Suite 225

Arlington, VA 22203

Toll-free: 800-654-8364

The Navy-Marine Corps Relief Society provides, in partnership with the Navy and Marine Corps, financial, educational, and other assistance to members of the Naval Services of the United States, eligible family members, and survivors when in need. The Society has 73 locations in 23 states and Washington, DC.

<http://www.safeharborfoundation.org/>

Navy Safe Harbor Foundation

3601 Eisenhower Ave., Suite 425

Alexandria, VA 22304

E-mail: info@safeharborfoundation.org

The Navy Safe Harbor Foundation is dedicated to supporting the recovery of seriously wounded, ill, and injured Sailors, Coast Guardsmen, and their families by assisting them with resources not currently provided by government or community resources. The Foundation is a non-profit organization not affiliated with the United States Navy, Coast Guard or Department of Defense.

<http://www.navysealfoundation.org/>

Navy SEAL Foundation

1619 D Street

Virginia Beach, VA 23459

Phone: 757-363-7490

E-mail: info@navysealfoundation.org

The Navy SEAL Foundation's mission is to provide immediate and ongoing support and assistance to active-duty Naval Special Warfare personnel, their families, and the families of the fallen. The foundation provides health and welfare programs, educational scholarships, among other programs.

<http://www.opgratitude.com/>

Operation Gratitude

Street Address:

21100 Lassen St.

Chatsworth, CA 91311-4278

Mailing Address:

P.O. Box 260257

Encino, CA 91426-0257

Phone: 262-674-7281

E-mail: info@operationgratitude.com

Operation Gratitude sends care packages containing food, hygiene products, entertainment items and personal letters of appreciation to deployed service members, to their children, and to Wounded Warriors recuperating in Transition Units.

<http://www.outserve-sldn.org/>

OutServe-SLDN

1133 19th St. NW

Washington DC 20036

Phone: 800-538-7418

Since 1993, OutServe-Servicemembers Legal Defense Network (SLDN) has represented the United States Lesbian, Gay, Bisexual and Transgender (LGBT) community worldwide. OutServe-SLDN is a non-partisan, non-profit (501-c-3), legal services, watchdog and policy organization that provides free and direct legal assistance to service members and veterans affected by the repealed "Don't Ask, Don't Tell" law, the current

ban on open authentic transgender service and those currently serving who may experience harassment or discrimination.

<http://www.pva.org>

Paralyzed Veterans of America (PVA)

PVA National Headquarters

801 Eighteenth Street NW

Washington, DC 20006-3517

Phone: 800-424-8200 (Toll-free)

Benefits Help Line: 866-734-0857 (Toll-free), 800-795-4327 (TTY)

E-mail: info@pva.org

The PVA is dedicated to veterans service, medical research and civil rights for people with disabilities. Its national offices and 34 chapters represent thousands of veterans in all 50 states, the District of Columbia and Puerto Rico.

The Veterans Benefits Department provides free, comprehensive benefits assistance and advocacy. The Legislation Program advocates for benefits and quality health care for veterans, their dependents and survivors. The Veterans Resources page has links to resources for spinal cord injury, multiple sclerosis, ALS, spina bifida, caregivers and more.

<http://semperfund.org/>

Semper Fi Fund

P.O. Box 555193

Camp Pendleton, CA 92055-5193

Phone: 760-725-3680

The Injured Marine Semper Fi Fund is a non-profit organization that provides immediate financial support for injured and critically ill members of the U.S. Armed Forces and their families. The Semper Fi Fund (SFF) provides relief for financial needs that arise during hospitalization and recovery as well as assistance for those with perpetuating needs.

<http://www.shepherd.org/patient-care/care-for-us-service-members>

Shepherd Center: Care for U.S. Service Members

Nancy Phillips

SHARE Military Initiative Admissions Liaison

2020 Peachtree Rd, NW

Atlanta, GA 30309

Phone: 404-352-2020

Shepherd Center specializes in medical treatment, research and rehabilitation for people with spinal cord injury and brain injury. Its SHARE Military Initiative is a comprehensive rehabilitation program that focuses on assessment and treatment for service men and women who have sustained a mild to moderate traumatic brain injury and PTSD from the Afghanistan and Iraqi conflicts. The Initiative provides assistance, support, and education to service members and their families during their recovery treatment and beyond.

<http://www.soldiersangels.org/>

Soldiers' Angels

2895 NE Loop 410, Suite 107

San Antonio, TX 78218

Phone: 210-629-0020

Soldiers' Angels volunteers provide aid and comfort to service members, veterans and their families.

<https://stopsoldiersuicide.org/>

Stop Soldier Suicide

Phone: 844-889-5610

A non-profit organization that provides support and resources to all past and present military personnel and their families. They do not provide direct clinical services or therapy and are not a crisis center. They provide info on mental health, PTSD, TBI referrals, emergency financial aid, housing assistance, alternative therapies, retreats for military personnel and their families, and education.

<https://www.trea.org/>

The Retired Enlisted Association (TREA)

12200 E. Briarwood, Suite 250

Centennial, CO 80112

Phone: 303-752-0660

Mission is to protect and enhance the earned benefits of uniformed service members, retirees, veterans, and their families and survivors.

<http://www.uniformedservicesassociation.org/>

Uniformed Services Association

Email: usa@earthlink.net

<http://usacares.org/>

USA Cares

11760 Commonwealth Dr.

Louisville, KY 40299

Phone: 800-773-0387 (Toll-free)

USA Cares provides free financial and advocacy assistance to post 9/11 active duty US military service personnel, veterans and their families. Services include help with employment and housing, basic needs, and the Warrior Treatment Today program, which removes financial barriers to treatment for service members suffering from post-traumatic stress disorder (PTSD) and/or traumatic brain injury (TBI).

<http://www.uso.org>

USO (United Service Organizations)

P.O. Box 96860

Washington, DC 20090-7677

Phone: 888-484-3876 (Toll-free)

The USO provides entertainment to servicemen overseas as well as many other programs to help them and their families. The USO provides programs, entertainment and services at more than **200 USO locations worldwide**, including Afghanistan, Djibouti, Kuwait, United Arab Emirates, Germany, Italy, Japan, Iraq, South Korea and the United States.

<http://www.vacationsforveterans.org>

Vacations for Veterans

9435 Lorton Market Street # 105

Lorton, VA 22079

Phone: 800-831-8803 (Toll-free)

Email: info@vacationsforveterans.org

This non-profit organization offers vacation accommodations for those vets who received a Purple Heart while serving in Afghanistan or Iraq.

<https://www.vettix.org/>

VetTix

VetTix secures tickets to sporting events, concerts, performing arts, educational and family activities across the nation. User of VetTix sign up online. Vet Tix verifies their military service. VetTix users request tickets to events that interest them, then pay a small delivery fee to receive their free tickets.

<http://www.veteransairlift.org>

Veterans Airlift Command (VAC)

5775 Wayzata Boulevard, Suite 700

St. Louis Park, MN 55416

Phone: 952-582-2911

Email: info@veteransairlift.org

The VAC helps military families visit their wounded family members while they receive medical care. Priority is given to those serving in Iraq and Afghanistan.

<http://www.vfw.org>

Veterans of Foreign Wars (VFW)

National Headquarters

406 West 34th Street

Kansas City, MO 64111

Phone: 816-756-3390

The VFW's mission is to foster camaraderie among United States veterans of overseas conflicts; to serve veterans, the military, and communities; and to advocate on behalf of all veterans.

<http://www.vsf-usa.org/>

Veterans Support Foundation (VSF)

8719 Colesville Road, Suite 100

Silver Spring, MD 20910

Phone: 800-882-1316 x126 (Toll-free)

The VSF (formerly the Vietnam Veterans Assistance Fund) is committed to serving today's needy veterans and their families in part by funding non-profit organizations in support of veteran-related projects; assisting disabled veterans and their qualifying dependents; and assisting and providing transitional and permanent housing for homeless and at-risk veterans.

<http://www.Vets-Help.org>

Vets-Help

2325 Eastway Dr., Suite H
 Mooresville, NC 28205
 Phone: 631-271-9000

Vets-Help provides for the well-being of military veterans by providing social services, investing in employment opportunities, and coordinating medical research in underserved areas.

<http://www.vetsfirst.org>

VetsFirst

A non-profit organization established by United Spinal Association. In addition to providing individual support and counseling services, United Spinal's VetsFirst program offers timely news and information across the spectrum of issues presently impacting veterans, including guides on self-help, state benefits, separating from the military; exclusive feature stories on military health care, and VA funding and compensation.

<http://www.vva.org>

Vietnam Veterans of America

8719 Colesville Road, Suite 100
 Silver Spring, MD 20910
 Phone: 800-882-1316 (Toll-free) or 301-585-4000

The VVA's goals are to promote and support the full range of issues important to Vietnam veterans, to create a new identity for this generation of veterans, and to change public perception of Vietnam veterans.

<http://ww2.vet.org/>

World War II U.S. Veterans

This site is a collective effort dedicated to preserving the memory of World War II veterans. There is a discussion forum and opportunities for people to share stories and memorabilia.

<http://www.woundedheroesfund.net/>

Wounded Heroes Foundation (WHF)

150 Northside Riverside Plaza, Suite 3000
 Chicago, IL 60606
 Phone: 708-212-2272

The WHF assists the severely injured men and women of the Armed Forces serving in Iraq, Afghanistan and around the world through physical, emotional and financial support.

<http://www.woundedwarriorproject.org/>

The Wounded Warrior Project (WWP)

PO Box 75817

Topeka, KS 66675

Phone: 904-296-7350

Toll-free: 877-832-6997

The WWP provides free programs uniquely structured to nurture the mind and body, and encourage economic empowerment and engagement, to veterans with service-connected wounds, injuries, or illnesses incurred on or after September 11, 2001. The organization has offices in 8 cities.

www.woundedwheels.org

Wounded Wheels

11250 Waples Mill Rd.

Fairfax, VA 22030

Phone: 757-609-0507

Email: operations@woundedwheels.org

This non-profit organization restores classic American cars and tailors them to a specific disabled veteran to help return them to mobility freedom.

<http://www.yellowribbonfund.org/>

Yellow Ribbon Fund

P.O. Box 4048

Bethesda, MD 20824

Phone: 240-223-1180

E-mail: email@yellowribbonfund.org

The Yellow Ribbon Fund assists injured service members and their families while they recuperate at the Walter Reed Army Medical Center and the National Naval Medical Center by providing free lodging and transportation for service members and their families, as well as free tickets to sporting and cultural events. There is a job mentoring program and a family caregiver program.

ALS

<http://www.alsa.org/als-care/veterans/>

ALS Association: Military Veterans

Phone: 800-782-4747 (Toll-free)

E-mail: alsinfo@alsa-national.org

This site is designed specifically for veterans with ALS, their families and survivors. It has information on available VA benefits, applying for benefits, and links to resources and tools veterans can use to take part in advocacy efforts.

www.va.gov/vhapublications/viewpublication.asp?pub_ID=3014

Veterans Health Administration: ALS System of Care Procedures July 7, 2014

The Veterans Health Administration Handbook establishes procedures for health care services to veterans who have Amyotrophic Lateral Sclerosis (ALS).

Brain Injury

<http://www.dvbic.org>

Defense and Veterans Brain Injury Center (DVBIC)

Defense and Veterans Brain Injury Center

National Headquarters

7700 Arlington Blvd, Suite 5101

Falls Church, VA 22041

Phone: 1-800-870-9244

DVBIC provides active duty military, their beneficiaries, and veterans with traumatic brain injuries (TBIs) with state-of-the-art clinical care, innovative clinical research initiatives and educational programs through ongoing collaboration with military, VA and civilian health partners, local communities, families and individuals with TBI. There are 15 DVBIC locations at military medical centers, VA hospitals and civilian partners in 11 states and one in Germany.

<http://www.dcoe.health.mil/>

Defense Centers of Excellence for Psychological Health & Traumatic Brain Injury (DCoE)

1335 East West Highway, 9th Floor

Silver Spring, MD 20910

Phone: 310-295-3257; 800-510-7897 (Toll-free)

E-mail: resources@DCoEOutreach.org

DCoE works across the entire continuum of care to promote resilience, rehabilitation and reintegration for warriors, families and veterans with psychological health concerns and traumatic brain injuries. Its Real Warriors Campaign is working to encourage help-seeking behavior for warriors with post-traumatic stress or mTBI.

<http://www.polytrauma.va.gov/>

VA: Polytrauma/TBI System of Care

Caregiving

<http://www.veterancaregiver.com/>

Veteran CareGiver

c/o WiseHealth, Inc.

504 Ritchie Hwy, Ste 202

Severna Park, MD 21146

Phone: 410-777-5214

E-mail: info@wisehealth.com

VeteranCaregiver provides peer-to-peer support and nationwide networking and resources for caregivers of veterans.

<http://www.govtrack.us/congress/bill.xpd?bill=s111-1963>

Caregivers and Veterans Omnibus Health Services Act of 2010

This site provides information on S. 1963, signed into law May 5, 2010, including the full text and summary of the bill. The law provides support services to family and other caregivers of veterans including: education sessions for improved caregiving, counseling and mental health services, respite care, healthcare and a stipend for caregivers living with severely wounded veterans of Iraq and Afghanistan.

www.caregiverjourney.org

Military and Veteran Caregiver Experience Map

The Elizabeth Dole Foundation and the Department of Veterans Affairs launched a website that changes the way family members tap into support throughout the caregiving journey and timeline.

Education

www.sentinelsoffreedom.org

Sentinels of Freedom

Phone: 925-380-6342

Email: info@sentinelsoffreedom.org

Provides educational scholarships to severely wounded post-9/11 veterans.

Employment

<https://www.dol.gov/vets/ahaw/>

America's Heroes at Work

America's Heroes at Work is a U.S. Department of Labor project designed to help employers and the workforce development system address the employment challenges of returning service members and veterans living with Traumatic Brain Injury (TBI) and/or Post-Traumatic Stress Disorder (PTSD).

<http://www.CivilianMedicalJobs.com>

Civilian Corps USA

The Civilian Corps provides world-class health care at more than 70 military facilities across the United States, Europe and Asia. This may be a source of employment for military spouses.

<http://www.esgr.org>

Employer Support of the Guard and Reserve (ESGR)

4800 Mark Center Dr., Suite 03E25

Arlington, VA 22350-1200

Phone: 800-336-4590 (Toll-free)

ESGR promotes cooperation and understanding between Reserve component members and their civilian employers and assists in the resolution of conflicts arising from an employee's military commitment.

<http://www.farmvetco.org/>

Farmer Veteran Coalition

4614 2nd St., Suite 4

Davis, CA 95618

Phone: 530-756-1395

E-mail: info@farmvetco.org

This organization provides vocational training in the agricultural and farming industry to servicemen and women returning from the Iraq and Afghanistan wars.

<http://www.fedshirevets.gov/>

Feds Hire Vets

Feds Hire Vets is a one-stop resource for Federal employment information for veterans, transitioning military service members, their families, and Federal hiring officials.

<http://www.helmetstohardhats.org>

Helmets to Hardhats

Phone: 866-741-6210 (Toll-free)

Helmets to Hardhats connects veterans to careers in the construction industry.

<https://www.workofhonor.com/company/hire-americas-heroes>

Hire America's Heroes

1901 Jefferson Ave., Suite 214

Tacoma, WA 98402

Phone: 425-301-5445

Email: info@hireamericasheroes.org

This organization connects veterans to corporations dedicated to hiring transitioning service members, their family members and caregivers, and military veterans.

<http://www.hireheroesusa.org>

Hire Heroes USA (HHUSA)

1360 Union Hill Rd, Bldg 2 Suite A

Alpharetta, GA 30004

Phone: 844-634-1320

HHUSA offers free transition assistance, job search assistance, and job placement services to veterans and their spouses, prioritizing those statistically most likely to be unemployed: OEF/OIF veterans and veterans that are wounded or disabled.

<http://www.military.com/spouse/career-advancement>

Military.com: Spouse – Career Advancement

This page has career resources including information on state licensing and certification requirements for a variety of professions, self-employment, and job search tips.

<http://www.military.com/veteran-jobs>

Military.com: Veteran Jobs

This site offers employment resources including a job search engine, military skills translator, and networking with other veterans.

<http://www.military.com/support>

Military.com: Career Center for Wounded Warriors and Disabled Veterans

This site offers employment resources including a job search engine and military skills translator, as well as links to other resources for veterans.

<http://msccn.org/>

The Military Spouse Corporate Career Network (MSCCN)

5445 Murrell Road

Suite 102-177

Viera, FL 32955

Phone: 877-My-Mscn (877-696-7226)

Email: askus@msccn.org

MSCCN is a 501 (c)(3) nonprofit that provides employment referral and job placement solutions to military spouses, war wounded, and caregivers of war wounded at no cost to them. The MSCCN has partnered with all branches of the Armed Forces via Memoranda of Understanding with the Army, Navy, Marine Corps, Air Force, and Coast Guard. The MSCCN operates with a world class user-friendly Internet Gateway available to the job seeker and partnered employers. The MSCCN Team is comprised of military spouses, caregivers to war wounded, and retired military who specialize in vocational training, employment workshops, job search seminars, and individualized assistance. Funding of the MSCCN is provided via employers, organizations via grants, and individual contributions – at no cost to the military spouses, war wounded, caregivers of war wounded, and veterans.

<http://www.pva.org/>

www.operationpave.org

Paralyzed Veterans of America: Operation PAVE (Paving Access for Veterans Employment)

Phone: 202-416-7795

E-mail: shellys@pva.org

PAVE (Paving Access for Veterans Employment) provides one-on-one vocational assistance and support to all veterans and their families as well as assistance to employers committed to hiring veterans.

<http://www.return2work.org>

Project: Return to Work

P.O. Box 19381

Boulder, CO 80308

Phone: 855-729-9675 (toll-free)

Project: Return to Work, Inc. provides career counseling services to Americans with disabilities interested in returning to the workforce.

<http://www.dol.gov/VETS/index.htm>

U.S. Department of Labor: Veterans' Employment and Training Service (VETS)

VETS provides resources and expertise to assist and prepare veterans and service members to obtain meaningful careers, maximize their employment opportunities, and protect their employment rights.

<http://www.va.gov/jobs>

U.S. Department of Veterans Affairs: Jobs

The VA's recruitment website has information on VA jobs, job benefits, and the hiring process.

www.va.gov/osdbu

U.S. Department of Veterans Affairs: VA OSDBU

E-mail verificationfollowup@va.gov

Phone: 866-584-2344

The principal purposes of this site are to provide information about the VIP verification process; to assist veteran business owners in registering their business in the Secretary's Database of veteran-owned small businesses (VOSBs) and to enable VA contracting officers to easily identify service-disabled veteran-owned small businesses (SDVOSBs) and VOSBs eligible for procurement opportunities.

<http://www.vba.va.gov/bln/vre/>

U.S. Department of Veterans Affairs: Vocational Rehabilitation & Employment Program (VR&E)

This site presents information about the services that the VR&E program provides to veterans with service-connected disabilities.

<http://www.opm.gov/staffingPortal/Vetguide.asp> (VetGuide)

U.S. Office of Personnel Management

1900 E Street NW

Washington, DC 20415

Phone: 202-606-1800

This Guide has information on the preference given to veterans in Federal hiring.

www.ustechvets.org

U.S. Tech Vets

Offers a free online community facilitating veteran transitions to civilian careers within the technology industry and connecting employers across the country with veteran and military spouse candidates. USTechVets.org is a collaborative effort of the, Consumer Technology Association (CTA), Northern Virginia Technology Council (NVTC) and its' Veterans Employment Initiative, Monster.com and Military.com focused on reducing Veteran and military spouse unemployment and giving technology industry companies improved access to American's veteran workforce.

<http://www.vambo.org/>

Veteran and Military Business Owners Association (VAMBOA)

VAMBOA is a non-profit veteran business trade association that promotes and assists veteran business owners, service disabled veteran owned businesses (SDVOB) and military business owners.

<http://www.military.com/veteran-jobs>

Military Employment Center

This partnership with Monster.com offers veterans, active duty troops, and Guard and Reserve members a place to search for thousands of jobs for veterans from employers who value military experience. It includes a special section for security clearance jobs.

<http://vetjobs.com/>

VetJobs

VetJobs is a niche job board for transitioning military personnel, National Guard and Reserve members, and their family members. The site has a newsletter, the Veteran Eagle

Family Assistance

<https://www.usar.army.mil/ARFP/>

Army Reserve Family Programs

This site has information on programs for Army Reserve members and their families during deployment and community reintegration.

<http://www.careeronestop.org/militaryspouse/>

Career One Stop: Military Spouse Resources

This site has information on resources for military spouses, including information on employment, education and training, and relocation.

<http://dolemilitaryfamilies.org/>

Caring for Military Families: The Elizabeth Dole Foundation

Their approach is to assist the organizations and agencies that serve caregivers — spouses, parents, and others — responsible for an injured military member. Their efforts are designed to better align lifeline services for wounded warriors, promote synergy between the public, private, and nonprofit communities, and raise awareness about the critical needs facing caregivers today.

<http://www.cfsrf.org>

Children of Fallen Soldiers Relief Fund (CFSRF)

600 New Hampshire Ave NW, Suite 1020

Washington DC 20037

Phone: 301-685-3421,

Toll-free: 866-962-3773

CFSRF provides college grants and financial assistance to children and spouses of U.S. servicemen and women who lost their lives in the Iraq or Afghanistan wars.

<http://www.fisherhouse.org/>

Fisher House

12300 Twinbrook Parkway, Suite 410

Rockville, MD 20852

Phone: 888-294-8560 (Toll-free)

Email: info@fisherhouse.org

Fisher House donates "comfort homes," built on the grounds of major military and VA medical centers, to enable hospitalized military members to have family close by. The organization also provides free air transportation for the families of wounded soldiers who must travel between home and the hospital.

<http://www.goldstarwives.org/>

Gold Star Wives of America

P.O. Box 361986

Birmingham, AL 35236

Phone: 888-751-6350 (Toll-free)

E-mail: info@goldstarwives.org

GSW is a non-profit organization composed of widows and widowers whose spouses died while on active duty in the military service or a connected cause. Members provide service, support and friendship to other military widows and widowers.

<http://www.HaleyHouseFund.com>

Haley House

P.O. Box 701

Brandon, FL 33509-0701

E-mail: info@HaleyHouseFund.com

This program enables family of wounded veterans to stay near their loved ones while they are rehabilitating at the James A. Haley Veterans Hospital in Tampa. Financial need must be shown.

<http://www.heartsofvalor.org/>

Hearts of Valor (previously Wounded Warrior Wives)

1355 Central Parkway South, Suite 100

San Antonio, TX 78232

Phone: 210-549-4631

Hearts of Valor, a program of Operation Homefront, cares for caregivers of wounded, ill and injured warriors by providing a variety of resources including retreats, support groups and an online community.

<http://www.militarychild.org/>

Military Child Education Coalition

909 Mountain Lion Circle

Harker Heights, TX 76548

Phone: 254-953-1923

MCEC is focused on ensuring quality educational opportunities for all military children affected by mobility, family separation, and transition.

<http://www.military.com/spouse>

Military.com: Spouse

This page has many resources for military spouses related to such topics as relocation, relationships, benefits, careers and education.

<http://www.militaryfamily.org/>

National Military Family Association (NMFA)

3601 Eisenhower Ave., Suite 425

Alexandria, VA 22302-1601

Phone: 703-931-6632

Email: info@militaryfamily.org

NMFA provides resources for deployed servicemen and their families such as educational grants for military spouses.

<http://www.militarywidows.org>

Society of Military Widows (SMW)

Phone: 800-842-3451 x1005 (Toll-free)

The SMW benefits widows of members of all branches of the uniformed services of the United States through moral support, advice, a referral service and other help.

<http://www.specialops.org>

Special Operations Warrior Foundation

1137 Marbella Plaza Dr.

Tampa, FL 33619

Phone: 813-805-9400

Email: warrrior@specialops.org

The Special Operations Warrior Foundation provides full scholarship grants and educational and family counseling to the surviving children of special operations personnel who die in operational or training missions and immediate financial assistance to severely wounded special operations personnel and their families.

<http://www.taps.org/>

Tragedy Assistance Program for Survivors (TAPS)

National Headquarters

3033 Wilson Boulevard, Ste 630

Arlington, VA 22201

Phone: 202-588-8277, 800-959-8277 (Toll-free)

Email: info@taps.org

TAPS is a 24/7 tragedy assistance resource for anyone who has suffered the loss of a military loved one, regardless of the relationship to the deceased or the circumstance of the death. The program provides comfort and care through comprehensive services and programs including peer-based emotional support, case work assistance, crisis intervention, and grief and trauma resources.

http://www.polytrauma.va.gov/family_support.asp

VA: Polytrauma System of Care – Family Support

This page has information on the logistical, clinical, and emotional support the VA provides to families and friends of polytrauma patients.

<http://www.veteransfamiliesunited.org/>

Veterans' Families United Foundation (VFU)

P.O. Box 14355

Oklahoma City, OK 73113

Phone: 405-535-1925

VFU provides support and resources to families with military relatives who are recovering from post-traumatic stress disorder.

Grants/Financial Assistance

<http://www.saluteheroes.org/>

Coalition to Salute America's Heroes

552 Fort Evans Rd, Ste 300

Leesburg, VA 20176

Phone: 703-291-4605, 888-447-2588 (Toll-free)

Email: info@saluteheroes.org

The Coalition to Salute America's Heroes provides direct financial relief and support services to disabled American veterans from the wars in Iraq and Afghanistan.

<http://www.fallenpatriotfund.org/>

Fallen Patriot Fund

c/o Bank of America Private Bank

TX1-492-19-09

P.O. Box 832409

Dallas, TX 75283-2409

Phone: 214-658-7125

E-mail: through webpage

The Fallen Patriot Fund of The Mark Cuban Foundation was established to help families of U.S. military personnel who were killed or seriously injured during Operation Iraqi Freedom.

<https://helphopelive.org/>

HelpHOPELive

Two Radnor Corporate Center

100 Matsonford Rd, Ste 100

Radnor, PA 19087

Phone: 800-642-8399 (Toll-free)

HelpHOPELive (formerly the National Transplant Assistance Fund) empowers patient families to mobilize their communities to fundraise for uninsured expenses related to catastrophic injury, including, but not limited to, home and vehicle modifications, rehabilitation therapy and home health care.

<http://www.independencefund.org/>

The Independence Fund

9013 Perimeter Woods Dr.

Charlotte, NC 28216

Phone: 888-851-7996

Email: info@independencefund.org

The Independence Fund was founded in August 2007 with a mission statement of providing veterans injured in the Global War on Terror with the tools, therapies, and guidance that they otherwise may not be receiving. Currently, the Independence Fund provides funding for adaptive bikes only for veterans with mobility injuries.

<http://www.operationfamilyfund.org/>

Operation Family Fund (OFF)

P.O. Box 837

Ridgecrest, CA 93556

Phone: 760-793-0053

E-mail: support@operationfamilyfund.org

OFF assists the injured and families of those who have been injured or killed as a part of the Global War on Terrorism, whether domestic or abroad, military or civilian, with financial grants for transitioning to their new circumstances and achieving financial self-sufficiency.

<http://www.operationhomefront.net/>

Operation Homefront

DE/NJ/PA office

P.O. Box 2102

Doylestown, PA 18901

Phone: 267-815-1236

Toll-free: 800-779-5892

Email: pardenj@operationhomefront.net

Headquarters

1355 Central Parkway S, Ste. 100

San Antonio, TX 78232

Phone: 210-659-7756

Toll-free: 800-722-6098

Email: info@operationhomefront.net

Operation Homefront offers a variety of financial assistance services to families of deployed service members and injured veterans.

<http://semperfifund.org/>

Semper Fi Fund

P.O. Box 555193
Camp Pendleton, CA 92055-5193
Phone: 760-725-3680

The Injured Marine Semper Fi Fund is a non-profit organization that provides immediate financial support for injured and critically ill members of the U.S. Armed Forces and their families. The Semper Fi Fund (SFF) provides relief for financial needs that arise during hospitalization and recovery as well as assistance for those with ongoing needs such as adaptive equipment, housing, and transportation.

Home Modifications/Housing Help/Homelessness

<http://buildinghomesforheroes.org/>

Building Homes for Heroes

65 Roosevelt Avenue, Suite 105
Valley Stream, NY 11581
Phone: 516-684-9220

E-mail: info@buildinghomesforheroes.org

Building Homes for Heroes provides mortgage-free homes to those who have returned home from the wars in Iraq or Afghanistan with severe wounds and disabilities, building homes from the ground up or modifying existing homes.

https://www.sears.com/en_us/dap/heroes-at-home.html

Heroes at Home

Rebuilding Together
1899 L Street NW, Suite 1000
Washington DC 20036
Phone: 800-473-4229 (Toll-free)

This partnership between Sears Holdings Corporation and the non-profit Rebuilding Together provides home repairs and adaptations to military families.

<http://www.homesforourtroops.org/>

Homes for Our Troops

6 Main Street
Taunton, MA 02780
Phone: 866-787-6677 (Toll-free)

Email: info@hfotusa.org

Homes for Our Troops builds specially adapted homes for severely disabled soldiers and their families.

<https://www.vhda.com/Programs/Pages/GrantingFreedom.aspx#.WmD5Ka6nGUK>

Granting Freedom: Virginia's Military Home Modification Grant Program

Phone: 804-782-1986, 877-843-2123 (Toll-free)

This page has information on the Virginia Housing Development Authority's grants for home modifications available to Virginia veterans injured during service.

<http://www.nchv.org>

National Coalition for Homeless Veterans

1730 M St NW, Suite 705

Washington, DC 20036

Phone: 202-546-1969, 800-838-4357 (Toll-free)

E-mail: info@nchv.org

The NCHV is the resource and technical assistance center for a national network of community-based service providers and local, state and federal agencies that provide emergency and supportive housing, food, health services, job training and placement assistance, legal aid and case management support for hundreds of thousands of homeless veterans each year.

<http://www.pva.org>

Paralyzed Veterans of America – Architecture Program

Phone: 800-424-8200

Paralyzed Veterans of America is the only veterans organization with on-staff architects that provide design assistance to veterans. Paralyzed Veterans' architects are specialized in accessible design and have extensive experience. With their unique design knowledge many public buildings, stadiums, courthouses, memorials, and other structures are made more accessible and enjoyable by the public.

PVA Architecture does not provide private home architectural services at this time. However, for more information regarding home alterations, people can purchase their *Accessible Home Design: Architectural Solutions for the Wheelchair User* book at www.pva.org/architecture. This book contains a comprehensive discussion of accessible homes as well as methods for designing, financing, and constructing residential projects. The scope of projects ranges from small homeowner additions to large multi-family communities.

<https://www.va.gov/HOMELESS/NationalCallCenter.asp>

U.S. Department of Veterans Affairs: National Call Center for Homeless Veterans

Phone: 877-424-3838 (Toll-free)

The National Call Center for Homeless Veterans hotline provides homeless Veterans and Veterans at-risk for homelessness with free, 24/7 access to trained counselors. The hotline is intended to assist homeless Veterans and their families, VA Medical Centers, federal, state and local partners, community agencies, service providers and others in the community.

<https://www.benefits.va.gov/homeloans/adaptedhousing.asp>

U.S. Department of Veterans Affairs: Specially Adapted Housing Program

Phone: 877-827-3702

Email: [sahinfo@vbaco@va.gov](mailto:sahinfo@vbaco.va.gov)

This page has information on VA grants to veterans or service members with specific service-connected disabilities for the purpose of constructing an adapted home or modifying an existing home to meet their adaptive needs.

<http://usacares.org/>

USA Cares

11760 Commonwealth Dr.

Louisville, KY 40299

Phone: 800-773-0387 (Toll-free)

Email: through website

USA Cares works with Fannie Mae and the Homeownership Preservation Foundation to prevent military families from losing their homes through eviction and/or foreclosure.

The Homeownership Preservation Foundation's website is <http://www.995hope.org/>; their toll-free phone number is 888-995-4673.

Multiple Sclerosis

<http://www.va.gov/ms/>

VA: Multiple Sclerosis Center of Excellence

The MS Centers of Excellence are dedicated to furthering understanding of the disease, its impact on veterans, and effective treatments to help manage MS symptoms. This site has general information on MS, diagnosis, symptom management and treatments, as well as VA benefits and services and provider directories.

Peripheral Neuropathy

<http://www.neuropathy.org/>

The Neuropathy Association

485 Half Day Road, Suite 350

Buffalo Grove, IL 60089

Phone: 877-883-9942

The Neuropathy Association focuses on helping and healing people with peripheral neuropathy through awareness, education, support, advocacy and research.

Post-Traumatic Stress Disorder (PTSD)

<http://www.ptsd.va.gov/>

VA: National Center for PTSD

Phone: 802-296-6300

Email: ncptsd@va.gov

The National Center for PTSD is the center of excellence for research and education on the prevention, understanding, and treatment of PTSD. The Center does not provide direct clinical care, but conducts research to improve the well-being and understanding of veterans.

<https://www.paloalto.va.gov/services/wtrp.asp>

VA: Women's Trauma Recovery Program (WTRP)

The WTRP is an intensive 60-day residential program in Menlo Park, CA, designed to treat women veterans, active duty service members, National Guard, and Reservists with PTSD.

Service Dogs

<http://www.vetdogs.org/>

America's VetDogs

371 East Jericho Turnpike
Smithtown, New York 11787-2976
Phone: 866-838-3647 (Toll-free)
E-mail info@vetdogs.org

America's VetDogs provides assistance dogs and training to disabled veterans and active service members at no cost.

www.caninesforservice.org

Canines for Service/Canines for Veterans program

221 Old Dairy Rd., Unit 1
Wilmington, NC 28405
Phone: 910-362-8181

Canines for Service provides veterans with disabilities with quality trained service dogs for mobility, TBI and PTSD and teaches military prisoners how to train service dogs.

<http://www.k9sforwarriors.org/>

K9s for Warriors

114 Camp K9 Rd.
Ponte Vedra, FL 32081
Phone: 904-686-1956

K9s for Warriors is a non-profit organization dedicated to providing service canines to warriors suffering from Post-Traumatic Stress Disability, traumatic brain injury and/or military sexual trauma as a result of military service post 9/11.

<http://www.puppiesbehindbars.com>

Puppies Behind Bars

263 West 38th St, 4th Floor
New York, NY 10018
Phone: 212-680-9562

E-mail: programs@puppiesbehindbars.com

Puppies Behind Bars trains inmates to raise puppies to become service dogs for the disabled and explosive detection canines. The Dog Tags: Service Dogs for Those Who've Served Us program provides service dogs to veterans returning home from Iraq (OIF) and Afghanistan (OEF) who have suffered a physical injury, traumatic brain injury (TBI) or exhibit post-traumatic stress disorder (PTSD).

Spinal Cord Injury

<http://www.unitedspinal.org/>

United Spinal Association

120-34 Queens Blvd #320

Kew Gardens, NY 11415

Phone: 718-803-3782, 800-404-2898 (Toll-free)

Email: info@unitedspinal.org

United Spinal Association's mission is to improve the quality of life of all people living with spinal cord injuries and disorders (SCI/D). The organization is committed to providing active-lifestyle information, peer support and advocacy that empower individuals to achieve their highest potential in all facets of life.

Sports and Recreation

<http://challengeaspen.org/military/>

C.A.M.O. (Challenge Aspen Military Opportunities)

PO Box 6639

Snowmass Village, CO 81615

Phone: 970-923-0578

E-mail: dylan@challengeaspen.com

C.A.M.O. provides recreational and cultural experiences for wounded warriors with cognitive or physical disabilities. The program encourages family and friends to share in these experiences.

<http://campmobilityproject.org/>

Children & Adult Mobility Project (CAMP)

14 Echo Lane

Simsbury, CT 06070

Phone: 860-543-5381

E-mail: info@campmobilityproject.org

CAMP's Recumbents for Troops Connecticut Adaptive Cycling Club provides adaptive cycling opportunities across the country to help wounded warriors restore their physical and emotional well-being.

www.HonorVets.org

Honoring Our Veterans

7950 Cowboy Way

Jackson, WY 83001

Phone: 307-413-3951

Email: honorvets00@gmail.com

Located in Jackson Hole, Wyoming, Honor Vets is a non-profit organization that provides recreational opportunities to combat-wounded veterans.

<http://www.pathintl.org/resources-education/path-intl-equine-services-for-heroes>

International Equine Services for Heroes (a program of PATH International)

PATH International Equine Services for Heroes

P.O. Box 33150

Denver, CO 80233

Phone: 303-452-1212, 800-369-7433 (Toll-free)

Horses for Heroes assists military veterans through services provided by members of PATH (the Professional Association of Therapeutic Horsemanship) and by providing leadership and guidance for equine assisted activities and therapies.

<http://jimmymillerfoundation.org/>

Jimmy Miller Memorial Foundation: Wounded Warriors Program

2711 Sepulveda Blvd. #331

Manhattan Beach, CA 90266

Phone: 310-721-3806

E-mail: info@jimmymillerfoundation.org

The Foundation currently serves Marines of the Wounded Warrior Battalions at Camp Pendleton and 29 Palms with unique, year-round ocean therapy sessions. The adaptive surfing sessions are held on base at Camp Pendleton.

<http://www.projecthealingwaters.org/>

Project Healing Waters Fly Fishing

P.O. Box 695

LaPlata, MD 20646

E-mail: admin@projecthealingwaters.org

This organization assists in the physical and emotional rehabilitation of disabled active military service personnel and veterans through fly fishing and fly tying education and outings.

www.salmonforsoldiers.com

Salmon for Soldiers

41 E. Rhododendron Lane

Union WA 98592

Phone: 425-330-0415

Email: cabincreekadventures@yahoo.com

A non-profit organization that offers fishing to disabled veterans.

<https://www.woundedwarriorproject.org/programs/soldier-ride>

Soldier Ride

Wounded Warrior Project

4899 Belfort Road, Suite 300

Jacksonville, FL 32256

Phone: 877-832-6997 (Toll-free)

Soldier Ride is a Wounded Warrior Project initiative that provides adaptive cycling opportunities across the country to help wounded warriors restore their physical and emotional well-being. Wounded Warrior Project provides free equipment and support to participating injured service members.

<https://www.teamusa.org/US-Paralympics/Resources/Military>

U.S. Paralympic Team: Military and Veteran Programs

The U.S. Olympic Committee (USOC) Paralympic Military & Veteran Programs provide post-rehabilitation support and mentoring to American servicemen and women who've sustained physical injuries such as traumatic brain injury, spinal cord injury, amputation, visual impairment/blindness and stroke. Veterans are introduced to adaptive sport techniques and opportunities through clinics and camps and are also connected with ongoing Paralympic sport programs in their hometowns.

<http://www.vetsau.com/>

Veterans and Athletes United

2536 Falkirk Dr

Northern Chesterfield VA 23236

James Howard, Executive Director

Phone: 540-597-3186

Email: howard82nd@yahoo.com

Offers recreational opportunities and retreats to veterans.

<http://www.kipsboat.org/index.html>

WAVES (Wheelchairs and Veterans Enjoying Summer) Inc.

754 Shore Walk

Lindenhurst, NY 11757

Phone: 631-957-1838

Email: kipsboat@msn.com

WAVES offers free fishing and boating to children and adults with physical and mental challenges, including all disabled veterans. They operate in Long Island, NY from May to November and in Stuart, FL from November to May.

Transportation

<http://www.angelflightveterans.org>

Angel Flight for Veterans

Phone: 800-296-1217 (Toll-free)

Angel Flight for Veterans facilitates no-cost or reduced-rate patient travel services for needy veterans and their families.

<https://www.aircompassionforveterans.us/>

Air Compassion for Veterans

Springfield, VA

Phone: 857-228-4636 (Toll-free)

Email: info@aircompassionforveterans.us

The mission and purpose of Air Compassion For Veterans is to ensure that no financially-stressed wounded warrior / veteran / active duty military person or their family member(s) is denied access to distant specialized medical evaluation, diagnosis,

treatment, or rehabilitation for lack of a means of long-distance medical air or ground transportation.

<http://www.veteransairlift.org/>

Veterans Airlift Command (VAC)

5775 Wayzata Boulevard, Suite 700

St. Louis Park, MN 55416

Phone: 952-582-2911

E-mail: info@veteransairlift.org

The VAC provides free air transportation to wounded veterans and their families for medical and other purposes through a national network of volunteer aircraft owners and pilots. Priority is given to veterans of the wars in Iraq and Afghanistan.

Women

<http://www.va.gov/womenvet/>

VA: Center for Women Veterans

The Center for Women Veterans monitors and coordinates VA's administration of health care and benefits services, and programs for women veterans.

<https://www.paloalto.va.gov/services/wtrp.asp>

VA: Women's Trauma Recovery Program (WTRP)

795 Willow Rd

Menlo Park, CA 94025

Phone: 650-493-5000 x27166

The WTRP is an intensive 60-day residential program in Menlo Park, CA, designed to treat women veterans, active duty service members, National Guard, and Reservists with PTSD.

<http://www.wvanational.org>

Women Veterans of America (WVA)

P.O. Box 30561

Clarksville, TN 37040

The WVA was formed in 1990 to bring to the VA's attention issues related to women veterans. The organization has 7 chapters throughout the U.S.

Abbreviations

<http://www.research.va.gov/programs/pride/resources/Acronyms.pdf>

AW2- Wounded Warrior

BDD: Benefits Delivery at Discharge

CAP: Combined Assessment Program
CBOC: Community Based Outpatient Clinic
CIO: Chief Information Officer
DOD: Department of Defense
GWOT- Global War on Terror
MTF: Military Treatment Facility
OEF: Operation Enduring Freedom (Afghanistan)
OIF: Operation Iraqi Freedom (Iraq)
PTSD: Post Traumatic Stress Disorder
SFAC- Soldier Family Assistance Center
SFMS - AW2 Soldier Family Management Specialists
VAMC: VA Medical Center
VARO: VA Regional Office
VBA: Veterans Benefits Administration
VETSNET: Veterans Services Network
VHA: Veterans Health Administration
VISN: Veterans Integrated Service Network
WTU- Warrior Transition Unit

Magazines

<http://pvamag.com/pn/>

PN: Paraplegia News

A monthly publication from the Paralyzed Veterans of America.

Electronic Books

The following booklets are available for free download from PVA. Go to www.pva.org, click on *Publications* at the top, then click on *Guidelines and Publications* on the left,

then click *Download CPGs and Consumer Guides*, and then click *For Your Health* (for PVA Guide to Federal Health Programs) or *Advocacy & Accessibility Publications* (for Wheelchairs – Your Options & Rights).

- **PVA Guide to Federal Health Programs.** Washington, DC: Paralyzed Veterans of America.
Covers Medicare, Medicaid, VA, TRICARE/Champus.
- **Wheelchairs – Your Options & Rights: A Guide to Department of Veterans Affairs Eligibility.** Washington, DC: Paralyzed Veterans of America, 1997. 2nd edition.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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