

NATIONAL SPINAL CORD INJURY AWARENESS MONTH

<https://unitedspinal.org/spinal-cord-injury-facts-and-stats/>

Every year approximately 17,700 Americans acquire a spinal cord injury. Roughly 78% are men, and their average age is 43. Most spinal cord injuries happen as a result of a vehicle accident (39.3%), followed closely by falls (31.8%), trailed by violence (13.2%), sports (8%), and medical/surgery (4.3%).

<https://unitedspinal.org/spinal-cord-resources/>

<https://nationaldaycalendar.com/national-spinal-cord-injury-awareness-month-september/>

National Spinal Cord Injury Month (National SCI Awareness Month) in September honors the courage of those with spinal cord injuries and their families. The observance also aims to educate the general public regarding SCI and improve the support for those with SCI.

Those with SCI face obstacles most people rarely think about. Depending on the severity of the injury, someone with SCI may require:

- A wheelchair adaptive home.
- Outside support and assistance.
- Around-the-clock medical care.
- An adaptive vehicle, wheelchair lift, or ramps.
- Businesses that accommodate their mobility equipment.

The causes of SCI are often caused by accidents such as motor vehicle accidents, falls, and sports and recreational injuries. Other causes of SCI include acts of violence or surgical complications. While an SCI is a life-altering diagnosis, rehabilitation, adaptive equipment, treatments and accessibility are improving all the time. Organizations around the country help those with SCI to access mobility equipment such as accessible vehicles, scooters, lifts, and wheelchairs. They also offer support through volunteers, social networking and more.

<https://helpholive.org/september-is-spinal-cord-injury-awareness-month/>

Why We Celebrate SCI Awareness Month

According to the National Spinal Cord Injury Statistical Center, more than **17,900 new spinal cord injuries take place every year**. An SCI often represents a shocking, overwhelming, isolating, and traumatic event—not only for an individual but also for their family, friends, and community.

Every individual living with an SCI may experience **unique physical, mental, and emotional impacts** after injury. An SCI can result in multiple **short-term, long-term, or lifelong medical concerns**.